

NAME 3:32

Al Sahid Knossos

Top 40 Bellydance - Classic Belly Dance Bar Grooves

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COUNT	MUSIC NOTES	STEP	Zil Pattern
8	entrance, main theme	walk, with focus steps on beat	none
8	add drum	triple-step walk {swirl veil behind with each step}	RLR w/step
8	add zils	4 DropKick w/ R, Maya LR, BumpBump turn around {veil to frame hip; scoop up; accent Bumps}	Beledi 1-1-5
8		Repeat w/L	Beledi 1-1-5
8	full music	2 DropKick them M's w/R, Paddle turn hip bumps {veil to frame hip, push out to accent paddle bumps}	Beledi 3-3-3-3
8 -----		Repeat w/L	Beledi 3-3-3-3
8	theme 2: quieter	double scoop to R, figure 8, double scoop L, figure 8 {high frame arms, veil in back}	3-quiet-3s
8		double scoop to R, double scoop to L, figure 8, BumpBump turn around {begin with veil in back; then twirl veil in front w/ turn}	3s 1-1-5 accented
8 -----		double scoop to R, double scoop to L, figure 8, BumpBump turn around {twirl veil behind w/ turn}	3s 1-1-5 accented
8	main theme: quiet	Rib figure 8 slow R, slow L, quick quick, circle roll down {veil improv - matador twirls, etc}	quiet accents
8	build up	Hip figure 8 slow L, slow R, quick quick, umi, shimmy {continue veil improv}	quiet accents
8	riq focus	double-bump 4 sides {veil behind}	3 w/ each bump

8		grapevine with hip drop	beledi
8	full music	Walk forward, shoulder shimmy L then R; walk back, shoulder shimmy back then front {pull veil into butterfly arms after going back}	beledi -3-3
8		3-point turn to R, arm wave; 3-point turn L, arm wave {release veil to hang loosely in front}	beledi -3-3
8		repeat as before or variation	beledi -3-3
8 -----			beledi -3-3
8	theme 2: quiet	double scoop to R, figure 8, double scoop L, figure 8 {veil in front}	
8 -----		double scoop to R, double scoop to L, figure 8, BumpBumpBump {veil stays in front}	
8 -----	drum/riq duet	double bump 4 sides {last set of bumps, twirl veil behind}	3 w/ each bump
8	main theme	grapevine with hip drop	beledi
8	kanoon focus	2 DropKick R, 2 DropKick L, figure 8, 3-point turn	beledi
8	full music	grapevine in circle end with spin {hold veil behind w/ one hand; swish veil w/ other}	beledi
8 -----		Walk forward, shoulder shimmy L then R; walk back, shoulder shimmy back then front {flip veil, after walk back, start matador twirl}	beledi -3-3
8	theme 2	4-step egyptian with turn - start at side, turn in front {matador twirl veils}	3-3-3-3- 3-3-5
8		4-step egyptian with turn with potential last spin	3-3-3-3- 3-3-5
1/2	fade out	end pose	