

NAME 3:32

Al Sahid Knossos

Top 40 Bellydance - Classic Belly Dance Bar Grooves

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| COUNT | MUSIC NOTES | STEP | Zil Pattern |
|------------|----------------------|--|-------------------------|
| 8 | entrance, main theme | walk, with focus steps on beat | none |
| 8 | add drum | triple-step walk {swirl veil behind with each step} | RLR w/step |
| 8 | add zils | 4 DropKick w/ R, Maya LR, BumpBump turn around {veil to frame hip; scoop up; accent Bumps} | Beledi 1-1-5 |
| 8 | | Repeat w/L | Beledi 1-1-5 |
| 8 | full music | 2 DropKick them M's w/R, Paddle turn hip bumps {veil to frame hip, push out to accent paddle bumps} | Beledi 3-3-3-3 |
| 8 ----- | | Repeat w/L | Beledi 3-3-3-3 |
| 8 | theme 2: quieter | double scoop to R, figure 8, double scoop L, figure 8 {high frame arms, veil in back} | 3-quiet-3s |
| 8 | | double scoop to R, double scoop to L, figure 8, BumpBump turn around {begin with veil in back; then twirl veil in front w/ turn} | 3s 1-1-5 accented |
| 8 ----- | | double scoop to R, double scoop to L, figure 8, BumpBump turn around {twirl veil behind w/ turn} | 3s 1-1-5 accented |
| 8 | main theme: quiet | Rib figure 8 slow R, slow L, quick quick, circle roll down {veil improv - matador twirls, etc} | quiet accents |
| 8 | build up | Hip figure 8 slow L, slow R, quick quick, umi, shimmy {continue veil improv} | quiet accents |
| 8 | riq focus | double-bump 4 sides {veil behind} | 3 w/ each bump |

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| 8 | | grapevine with hip drop | beledi |
| 8 | full music | Walk forward, shoulder shimmy L then R; walk back, shoulder shimmy back then front {pull veil into butterfly arms after going back} | beledi -3-3 |
| 8 | | 3-point turn to R, arm wave; 3-point turn L, arm wave {release veil to hang loosely in front} | beledi -3-3 |
| 8 | | repeat as before or variation | beledi -3-3 |
| 8 ----- | | | beledi -3-3 |
| 8 | theme 2: quiet | double scoop to R, figure 8, double scoop L, figure 8 {veil in front} | |
| 8 ----- | | double scoop to R, double scoop to L, figure 8, BumpBumpBump {veil stays in front} | |
| 8 ----- | drum/riq duet | double bump 4 sides {last set of bumps, twirl veil behind} | 3 w/ each bump |
| 8 | main theme | grapevine with hip drop | beledi |
| 8 | kanoon focus | 2 DropKick R, 2 DropKick L, figure 8, 3-point turn | beledi |
| 8 | full music | grapevine in circle end with spin {hold veil behind w/ one hand; swish veil w/ other} | beledi |
| 8 ----- | | Walk forward, shoulder shimmy L then R; walk back, shoulder shimmy back then front {flip veil, after walk back, start matador twirl} | beledi -3-3 |
| 8 | theme 2 | 4-step egyptian with turn - start at side, turn in front {matador twirl veils} | 3-3-3-3- 3-3-5 |
| 8 | | 4-step egyptian with turn with potential last spin | 3-3-3-3- 3-3-5 |
| 1/2 | fade out | end pose | |